
CHAPTER 4 - Co-creating Your Next Life

THE HUMAN AKASH EXTRAS

– Monika Muranyi

Have you ever heard anyone say “*This is my last life and I’m not coming back?*” Perhaps it was you saying it to someone else? Kryon always responds with great love and humor that the old souls are going to come back on the planet and that you can’t wait to be here again. What if next time round you could awaken early? What if you don’t have to go through everything you did and learned in this current life? What if you could have all the wisdom and knowledge, the peace, the understanding of how to create harmonious relationships, longevity, abundance and your most enlightened life? Would you want to come back then? Well this is now possible. This is what we can create and marks the difference between the new energy and the old.



Kryon has said:

When you awaken the next time on this planet, I have a promise for you: In the new energy you will remember who you are. You will not have to go through what you have gone through this time. You’ll have wisdom to make the correct survival choices. You’ll have the wisdom of the ancients. This means that you will know which partner is correct for you and which one is not. What business is correct and what is not. You will understand what your passion is, and what it is not. The feeling of self-confidence to control your own life will be yours, all because you’ll know who you are.

This is the promise. Do not fear the sting of death. It is so temporary, and some of you are coming back so quickly that you will arrive on this planet with full awareness. At some level, as your brain starts to develop, you’ll have a big *déjà vu*. I’m back! That is the difference between the way it used to be, and the way it is today. For up to now, awareness came in very slowly.

I want old souls listening to this (and reading this) to understand: The old soul is needed on the planet, right now and for a long time. Only the oldest souls have the wisdom, for they were Lemurian and Pleiadian. We need you to come back right away. So we have just given you a linear explanation of a quantum system.

Oh, there is so much more to tell. What is going to happen with the Cave of Creation now that the crystals are becoming more quantum? What’s going to happen within The Crystalline Grid since the very energy of what Humans have put there is starting to be, shall we say, multi-dimensional energy? Human Beings stepping out of linearity are going to change the New Age. Astrologers, get ready for quantum astrology – it’s close. Quantum numerology is close and quantum healing has always been here. So this is the message of the day.

The ones in this room and those like you who are listening and reading, need to know that there is no accident that you are hearing and seeing this message. Again we say, you are the hope of the planet in a system that is filled with the love of God, and it's beautiful.

And so it is.

Kryon live channelling "The Akash Awakens" given in Orlando, Florida – January 26, 2013

I would like to share a story of someone who co-created their next life, while they were still on the planet. This story features in the best-selling spiritual classic *Autobiography of a Yogi*. It was written by Paramahansa Yogananda, one of the preeminent spiritual figures of modern times. This beloved world teacher was born in India and later moved to America in 1920. He was the first great master of yoga to live and teach in the western world. He profoundly impacted the lives of millions with his teachings on the science of Kriya Yoga mediation, the underlying unity of all true religions and the art of balanced health and well-being in mind, body and soul. Paramahansa Yogananda passed away in 1952 but his teachings continue within the Self-Realization Fellowship in America and the Yogoda Satsanga Society of India.

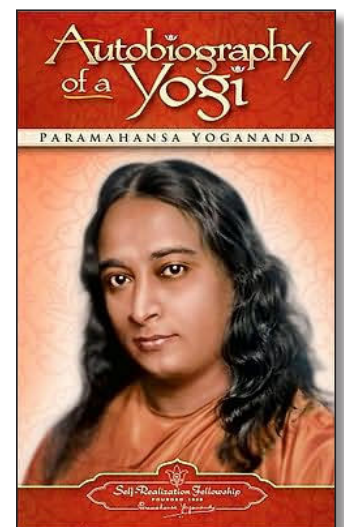
As you read *Autobiography of a Yogi* you are introduced to Masters who perform miracles that defy logic. These Masters embody the divine Creator completely. The many stories within this autobiography provide physical evidence of some of the things that Kryon says is possible for the awakened and ascended Human Being. One story, as told by Paramahansa Yogananda, is about a young boy who co-created his next life. The young boy's name was Kashi and during a picnic lunch he asked his teacher, Paramahansa Yogananda what his fate was. The immediate response was that he would soon be dead. The unexpected disclosure shocked and grieved everyone including Paramahansa Yogananda who had blurted out the statement before realizing its full impact.

When the students returned to school Kashi immediately sought out his teacher to ask him to find him when he was reborn so that he could continue his spiritual path in his next incarnation. At first Paramahansa Yogananda found it difficult to accept this responsibility. Undeterred Kashi repeatedly asking his teacher for weeks afterward. Finally Paramahansa Yogananda yielded and promised Kashi that if the Heavenly Father lent His aid he would try to find him.

During the summer vacation Paramahansa Yogananda went on a short trip where he could not take Kashi with him. He left careful instructions that Kashi was to remain at the school as he was convinced that the spiritual vibrations of the school may prevent the impending calamity. Unfortunately Kashi's father came to the school to take him home to see his mother in Calcutta. For fifteen days Kashi refused to leave the school but in the end his father's threats to remove him by force with the help of the police resulted in Kashi unwillingly going with his father.

Upon Paramahansa Yogananda's return to the school he learnt of Kashi's departure and immediately headed for Calcutta. However it was too late. Kashi had eaten contaminated food, contracted cholera and passed away. And so began a memorable search for Kashi.

Paramahansa Yogananda described using a secret yoga technique to broadcast his love to Kashi's soul through his third (spiritual) eye. With his hands and fingers



upraised like an antenna he would turn around repeatedly trying to locate the direction where Kashi had been reborn as an embryo. He intuitively felt that Kashi would soon return to earth. By continuing his broadcast he knew that the slightest impulse sent by Kashi would be felt in his fingers, hands, arms, spine and nerves.

This yoga method was practiced steadily for about six months after Kashi's death. One morning while walking in a crowded section of Calcutta he lifted his hands in the usual manner. For the first time there was a response of electrical impulses that translated themselves into a powerful connection to Kashi.

Using the electrical impulses that tingled through his fingers he was guided to a near-by path. He was certain that Kashi's soul must be living in the womb of a woman who lived in the lane. The vibrations grew stronger and more pronounced and as if by magnet he arrived at a certain house. He knocked at the door in a state of intense excitement. The door was opened by a servant who went to find her master.

The gentleman came to the door and was asked if his wife was expecting a child. Seeing that the question was asked by a swami, as evident by Paramahansa Yogananda's traditional orange cloth, the gentleman stated that his wife was indeed expecting a child and politely asked how the swami knew about his affairs. When he heard about the promise made to Kashi the astonished man believed his story.



Paramahansa Yogananda later visited the child and discovered that his parents had given him his old name of Kashi. The child was strikingly similar in appearance to his previous incarnation and there was an instant attraction and affection between the teacher and the former student. Paramahansa Yogananda had kept his promise and Kashi was once again on his spiritual path. Kashi had co-created his next life and reconnected with his beloved teacher.

Kashi's story is a wonderful example about how we can tap into the co-creation process of the next lifetime expressions of our soul. Remember: our Akash contains the potentials of all our lives to come! What will you do with this knowledge? Would you like to start planting the seeds for you next life? All of these things are possible and available to you in this new energy. What if you have no idea where you would even begin to start planning for your next life? Most of us are in survival mode and working the puzzle in this life, never mind working out your next life. But, what Kryon means by co-creating your next life refers to when we drop our karma and move through our life lessons. We then create a different set of potentials.

There are many old souls, including those reading this book, who have voided their karma and are already working with the potentials (that were planned for their next life expression) in this life! These are the old souls who have found the Divine God within, have a peaceful countenance and are an absolute joy to be around, regardless of what belief systems.

Questions for Kryon

Is the ability to plan for your next life available only to souls who have dropped their karma in their current life?

ANSWER

It's a good question, and the answer is yes. Karma is a driving force representing a system of ongoing lives and unfinished business. No Human can plan for their next life as long as they continue to work their karmic issues.

Instead, it requires that individuals drop their karma, which is possible and desirable in this new energy on your planet. Twenty-four years ago this was my message. *"Drop your old karmic system and start creating a brand new reality based on what you want from the future, instead of an old system that drives your life based on where you've been in the past."*



The idea of co-creating our next life is a relatively new concept. Because the planning for our life lessons happens on the other side of the veil when we have the mind of God, what advice can you give us to assist in the process of creating our next life expression?

ANSWER

Tap into the intuitive power that comes from Spirit. It's always there. The higher the level of the bridge you build with the Higher-Self, the more you will be able to understand the concept of planning the next incarnation.

Make no list of 3D "wants" or "wishes". Instead, using your intuition, make this request: *"Dear Spirit, tell me what it is I need to know to help plan where I will be the next time around."* Then stand-by for intuitive flashes of what it might be. If you are truly in service to humanity, you won't react to the information. It might put you within areas you don't like today, or in a Human type that is not who you are today, or even the same gender as you are today. But as an old soul, you will know that it's not only where you belong, but it will be as blessed and perfect as the lifetime you planned today. You will "awaken" in your next lifetime with awareness of purpose and you will be comfortable with everything around you. You will smile with the potentials before you and know you are in the right place at the right time.

THE HUMAN AKASH EXTRAS - TABLE OF CONTENTS

- Chapter 1 - Reading the Akash
- Chapter 2 - Co-creating Your Reality
- Chapter 3 - Co-creating with the Lattice
- Chapter 4 - Co-creating Your Next Life
- Chapter 5 - Working with Innate
- Chapter 6 - Quantum EFT
- Chapter 7 - Kryon Akash Parable

