## THE KUNDALINI OF EARTH

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What is Kundalini energy and why does it reside within our planet Earth, Gaia? For thousands of years the indigenous of the planet have known about the Kundalini energy within Gaia and the potential for great change. That time has arrived, bringing with it the fulfillment of several ancient prophecies, and heralding the return of a balanced planet and the creation of peace on Earth.

undalini is a Sanskrit word meaning coiled, like a snake. It represents the balance of male and female coming together with great energy to create perfection and balance. While Kundalini energy is not recognized by medical science, many cultures are aware of it and practices such as Yoga, Meditation, Reiki and Qi Gong are used to awaken it within the body. The irony here is that many medical organizations and doctors use the Caduceus symbol – a symbol that has a short rod entwined by two snakes, topped by a pair of wings, representing the Kundalini rising up the spine.

Kundalini energy can be described as a dormant energy within the human body that lies at the base of the spine. It is coiled three and a half times around the lingam, or "pillar of light," and is pure life-force energy. An awakened Kundalini rises up through the spine, travelling through the chakras until it finally reaches the top of the head.

## The Kundalini also resides within the planet, and this energy is both metaphorical and physical.

Many indigenous cultures share a common prophecy that speaks of the potential for a magnificent change on planet Earth. Prophecies with names such as the Journey of the Feathered Serpent, the Eagle and the Condor, and the Awakening of the Puma, all foretell a re-balance of the Earth's hemispheres. The northern hemisphere represents male energy, and the prophecy speaks of it merging with southern hemisphere-female



energy. This is a merge of indigenous knowledge with the technologies of science, creating a softer and a much more wise consciousness. All of these prophecies relate to the movement of Gaia's Kundalini energy in response to a shift in human consciousness. Against all odds, the fulfillment of these prophecies has begun.

For thousands of years Human Beings have warred with each other. If one tribe or country was stronger than another, it would simply conquer the other. That was how things worked. The drive to conquer was based on greed, and the prize was the acquisition of land and resources. The greater the army, the greater the chance the tribe or country had to succeed in conquering. Wherever you could plant a flag, was yours!

For the last few centuries, many countries within the European continent were continually at war with each

other, finally culminating in World War I and World War II. Nearly everyone expected a World War III, which would end our world. But instead, something different happened: A slow, collective shift in human consciousness resulted in events such as the demise of the Berlin Wall in East Germany, the collapse of the Soviet Union and the birth of the European Union. The European Union is not without its problems, but the point is that instead of war and separation, these long-time former enemies are trying to work together. Countries that share trade agreements and a common currency, are far more apt to resolve conflicts by peaceful means.

## The movement of the Kundalini of Earth is in response to a change in the collective consciousness of humanity.

The prophecies of the indigenous, including the calendar of the Mayans, understood that Gaia's Kundalini would shift and center itself by the year 2012. The passing of this marker signals a rebirth for the Earth and humanity, with new energies and new consciousness emerging. Slowly, Human nature is changing and recalibrating everything. The very fabric of our society is changing as the new consciousness creates new attitudes.



Is there any evidence of these changes? Take a look at global events. Governments and institutions that lack integrity are being questioned. Countries that



have had stability for decades are suddenly having revolutions, demanding a change from their governments. Institutions such as the tobacco industry and financial banks have had to change the way they operate due to the exposure of greed and inappropriate practices. Humanity is starting to demand change.

A more balanced planet means that the next generation will hold a much stronger balance of male and female energy. Because of this, the younger generations will have concepts that are going to help create a far more balanced society. They will be the leaders of the future within a new paradigm that they can create. The next 18 years will be especially important for planting the seeds for peace on Earth. What about you? Are you ready to participate? It begins with your intent to create peace in your life. Slowly, one peaceful person at a time, our global community will change from one of separatism to one of unity and collaboration.

It would be easy to see the strife of the conflicts today, and the heartbreak of the loss of life, being an on-going, never-ending product of human nature. Instead, it may represent the slow beginning of solutions, clearly identifying what doesn't work, within cultures and civilizations who are tired of old historic hatred, driving the future. It's time to let the prophecy of the Ancients come alive, and allow a greater meld of compassion for our planet.

