
THE HUMAN SMART BODY

– Monika Muranyi

Have you ever heard about kinesiology? What about Body Talk or tapping? If not, perhaps you are aware of acupuncture? These healing modalities use techniques, such as muscle testing, which directly communicate with the body. Say what? Doctors don't ask our body what's wrong – they ask us to describe our symptoms and then make a diagnosis. What if I told you that every Human has a body intelligent consciousness that knows absolutely everything about you? Interested?

The Human smart body is exactly that. It's the body's intelligent consciousness that knows you! It *knows* what is going on at the cellular level in your body. Both Lee Carroll and the loving entity he channels, called Kryon, call this smart body “innate”. Innate works in a system with our brain, our consciousness, and our DNA. However, innate is very elusive because it is beyond our three-dimensional understanding. This explains why we can't self diagnose ourselves, and why it's not common knowledge within mainstream medicine.

Despite the elusiveness of *innate*, many doctors all over the planet witness how innate works when a patient experiences spontaneous remission or a miraculous cure. Innate lives in a multidimensional space and responds to multidimensional instructions. What does that mean? To answer that question we first need to take a look at what DNA is, and how it works.

DNA stands for deoxyribonucleic acid and nearly every cell in a person's body has the same DNA. Most DNA is located in the cell nucleus and a small amount can also be found in the mitochondria. The information for DNA is stored as a code made up of four chemical bases. The order, or sequence, of these bases determines the information available to build and maintain an organism. Think of this as a DNA-encoded chemical library. The Human Genome Project discovered that less than 5% of DNA is encoded. The remaining 95+% is described as non-encoding DNA, previously referred to as junk DNA. It has since been discovered



that this junk DNA contains *instructions* that are given to the chemical DNA!

The part of DNA that determines what proteins to produce, how much, when, and where is called a gene. Proteins perform most life functions, and make up almost all cellular structures, while genes control everything from hair and eye color to blood sugar. The new science of “epigenetics” is the science of how the environment and our *perceptions* of the environment control our genes. This means that a person with a birth defect may override their mutation and have a normal life, and in the situations where this happens *innate* is involved.

Kryon has said that our DNA was designed to work in two parts. Less than 5% is linear and represents the chemistry. The rest is multidimensional and waiting to



be activated. Think of this as 5% being the genomic engine and 95% being the instructions for that engine to work. How do we activate 95% of (non coding) DNA? Kryon says it's activated with multidimensional energies – energies that have been known for thousands of years in ancient cultures, but are overlooked by western science.

An example of this is the meridian system of the body. Energy meridians are also known as qi (sometimes spelled “chi”). Qi is an energy that moves through your body in meridians and was first described over 2,000 years ago. Acupuncture works with these meridian lines, of which in the Human body there are a total of twelve. Kryon tells us that each meridian represents the simplest kind of multidimensional portals of the Human body to access the “intelligence” of DNA (innate). Therefore, acupuncture and other systems that address the energy meridians, help the body heal itself using its own instruction-sets within its own chemistry.

Another example is homeopathy, also known as homeopathic medicine. Homeopathic remedies are derived from natural substances that come from plants, minerals, or animals. Remedies are formulated as either a pellet to be placed under the tongue; an ointment; gel; cream; tablet; or drop (tincture). Medical research says homeopathy is an “impossible reactionary system,” because a substance that represents only a few parts per million can't have a chemical effect on the Human system. However, it does indeed work because the homeopathic remedy gives an “infor-

mational signal” to the multidimensional DNA. At its simplest form, it gives the body information to help it understand what to do. It's an intent signal that assumes the DNA is smart, and only needs information, not chemistry, to heal itself.

Kryon tells us that the strongest energy available to multidimensional DNA is Human consciousness. You have a sacred consciousness in the DNA field. This is why saying positive affirmations out loud is so powerful. When you say positive affirmations with pure intent, your consciousness is talking to your cellular structure. It can strengthen your immune system and chase away disease. The energy of Human consciousness is “information” energy, and it sends instructions for your body to shift. Do you see how you can amplify changes and shift in your body by combining affirmations with acupuncture, or affirming your intent for healing the same time you take a homeopathic remedy?

Energy work is another method that speaks to the 95% of multidimensional DNA. There are many forms of energy work, some examples include The Balancing Technique developed by Peggy Phoenix Dubro, Reconnective Healing developed by Eric Pearl, and Reiki developed by Mikao Usui. Energy work creates a difference in biology, basically creating *conscious instructions*, and many individuals have experienced spontaneous healing as a direct result of an energy session.

Previously the subject of “epigenetics” was mentioned in relation to changing our *perception*, so techniques that help reframe or change our perception, also communicate with innate. An example involves the Biology of Decoding (developed by a German Physician named Ryke Geerd Hamer). Biological Decoding views three aspects of the Human Being: the physical body, the brain, and thought (consciousness). Essentially the language of the cells is decoded to resolve an emotional conflict that caused the illness. When the conflict is resolved the illness is healed. This is also a form of instructions to the body to heal itself through energetic revelation.

How else can we access innate and communicate with our body intelligence? Before we explore the answers to these questions, let's learn a little more about innate from Kryon.

“The Innate is the smart corporeal body. It knows everything about your overall system. It actually is as smart as your brain, but in a different way. So, what can a Human Being do to find out if he/she is allergic to something? Let's say that is you, so you can ask your brain, but it has no idea. So instead, you place the food or chemistry in your hand and *muscle-test* it. That is called kinesiology, a big word for something very simple. Muscle-testing is using the body's *Innate* to give you a “yes or no” signal about something it knows about, but that your brain does not.

So in the process of kinesiology, do you understand that you have acknowledged that there is a part of your body system that knows more than your brain? Indeed, this is a process that has been used for centuries, and it's very accurate.

This Innate knows a lot more than what you are allergic to, my friend. It is also tuned in completely to the quantum parts of your DNA that know everything about your spiritual and cellular evolvement. Innate handshakes with your Higher-Self at all the *three Human group levels*, and that is difficult to describe. If you put this information in a circle chart, you can draw the lines between the groups and you'd see what I mean. It's your smart body, and it's connected to everything.

Let me ask you a question, dear one: Don't you find it odd that there are certain kinds of diseases that can lurk within your cells, that can attack you, yet you only know it through your discomfort or through your death! What kind of brain do you have that would not tell you about this? You never have the signal through your brain about any of it except discomfort and pain! But Innate knows about it the moment it happens. Innate knows when it entered your body. As your white blood



cells go to the places they need to fight, your entire immune system goes into alert! Yet you have no idea about it, since your brain is just doing what it always does – it computes and remembers. But, in this case, it does a very poor job helping you survive.

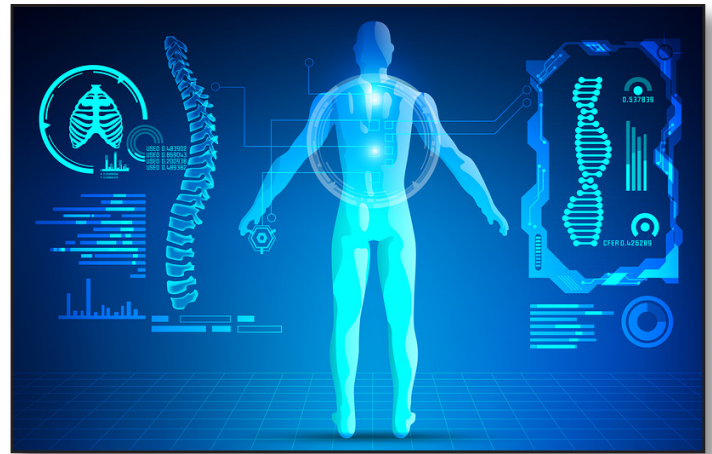
What is Innate? Where is it? This is difficult to explain. We told you, dear Human Being, that the elusive Akash (past life) information is not in your brain, either. You cannot go to your brain to find out who you used to be in a past life. The Innate is not in your brain, but instead it's in every cell of your body and every molecule of your DNA. If you know how to listen to it and where it is, you can tune in. Muscle-testing is one way of knowing, a very basic way. Some of you also know that Innate responds to acupuncture. Did you know that? Your brain does not.

Innate is aware of all things at the cellular level and is broadcasting all the time. It broadcasts so well that it flows into that which you call the Merkabah of the body. Now, the Merkabah is a quantum field around your body that pulses very strongly with esoteric information, including corporeal health. Many have the ability to see and read this field.

A medical intuitive can stand before you in various degrees of success and *read* the messages from your Innate. This intuitive person does not have to muscle-test to know you've got something going on within your cells. They can *see it* or *sense* it within the field around your body. Now, you may have thought

that a medical intuitive is looking at your liver or your heart, doing some kind of analysis. That's very linear thinking and is not what is happening. That's your *box of belief* working overtime. Instead, the medical intuitives are sensing the quantum energy within your field that your Innate is broadcasting about your health, of what's going on in the chemistry, and of what might be developing inside you. It's different than you thought, isn't it? That's the Innate and that's only one of the things that Innate does."

Can you see how the innate represents the smart body, or body intelligence? Your innate knows what you need to enhance your health, stability and mental comfort. In summary, there are several ways communicate with innate and the 95% of multidimensional DNA. Kryon tells us that Human consciousness is the strongest way and is the most effective when we can remove ourselves from a three-dimensional construct. Many other methods include energy work, homeopathy, acupuncture, tapping, kinesiology, and saying affir-



mations. Why not start working with your own innate to create perfect health? Innate is standing-by and ready for your instructions! What do you want to say to innate? I invite you to have fun creating ways of communicating with innate. Personally I love to say, *"I am eternal and I am youthing every day. The cells of my body hold the blueprints and templates of perfect health. I am eternal youth!"* How about you? (smile).

