
CHAPTER 6 - Quantum EFT

THE HUMAN AKASH EXTRAS

– Monika Muranyi

During a KRYON DISCOVERY SERIES held in Mt Shasta, California I met a fellow Australian who has created a specific healing modality that helps others “mine” their Akash. Jenny Johnston is an Occupational Therapist, Clinical Hypnotherapist and Past Life Regression Therapist, EFT Universe Trainer and Practitioner, Matrix Re-imprinting Practitioner and Reiki Practitioner. During her spiritual studies she discovered the messages of Kryon as channelled by Lee Carroll. In 2012 Jenny met Lee and discussed her ideas about combining meridian tapping Emotional Freedom Techniques (EFT) with the intention of mining the Akash. Lee immediately told her to “go for it” as it was exactly what Kryon was telling us to do. The result was the creation of experiential workshops called Quantum EFT and Mining the Akash.

Quantum EFT always begins with holding the intention for the highest learning and healing for the client and practitioner. It predominantly involves the client tapping on themselves and other energy techniques and methods may be introduced as appropriate. The purpose of Quantum EFT is to uncover core issues and beliefs while receiving higher learning and understanding. Sometimes the healing that occurs can affect all generations as the new energetic alignments happen in a quantum state where the past, present and future are all happening in the “now” moment.

Using the Quantum EFT technique Jenny has involved the teachings and wisdom from Kryon to mine the Akash. Jenny helps her clients to move energetically into their past (current) lives where they gather other skills, talents, gifts, lessons already learned and they bring these into the physical 3D reality and energy through the present biology, activating it with the meridian system. The new energy speaks to the blueprint of the stem cells and just like Kryon says the changes can be permanent.

Here are a few words from Jenny to tell you more about Quantum EFT and how it can assist you in clearing any blocks you may have so that you can then mine the Akash.

After being introduced to the Kryon teachings in 1998, I have continued to immerse myself in this ‘new’ knowledge and information as it is given. I have loved being present in the energy of Kryon at the 2013 live channellings in Melbourne, Australia; Mt Shasta, California for the Discovery Series and South America for the Kryon Kundalini Tour. In 2014 I presented information about Quantum EFT & Mining the Akash at the Kryon event in Melbourne, Australia and later attended the Kryon Summer Light Conference given at Mt Shasta, California.

I have always endeavoured to apply what Kryon teaches and my own ‘remembrance’ to my life, skills and teachings. As an Emotional Freedom Techniques (EFT) Trainer and Practitioner, a Matrix Re-Imprinting Practitioner, a Clinical Hypnotherapist and a Past life Regression Therapist, I have applied what Kryon has been teaching with what I have learned in my professional life. With

guidance from my Higher Self and my own Akash, I consulted Lee to see if I was 'on track' with what I had been drawn to create. Lee congratulated me for the creation of the "Quantum EFT & Mining the Akash" workshops and said that these techniques were a powerful tool to help others access their Akashic wisdom. The consciousness of the planet is shifting and as a result Kryon says humanity will receive new ideas, innovations and inventions. These workshops continue to evolve with new energy and information in conjunction with these planetary changes.

During a two day workshop, typically held over a weekend, participants learn how to connect with their intuition and their Higher-Self. A variety of techniques are used such as the 'Ask and Receive' Method, muscle testing, psychometry, experience 2 Past Life Regressions (other lives) and EFT in time, space and place (Quantum EFT). For many participants these techniques bring to the surface traumatic issues and challenges that occurred during a past life. Emphasis is placed on dissolving these past fears, phobias and challenges. To complete the process participants then look for any gifts, talents and traits they have and bring these forward to imprint then into their present life. This is essentially "Mining" the Akash.



In addition to the two day workshops I am able to offer 'Personal Akashic Journeys' for those who wish to have a personal, intensive journey, over a suitable time frame. These personal sessions provide a more intimate setting where I can give individual attention throughout the process. During the 'Personal Akashic Journey' you will visit other lifetimes with the intention of finding the fear, drama and unfinished business that is still present today at an unconscious, energetic level or in survival mode action or inaction. Once identified, Quantum EFT is used to dissolve it where it from its point of origin so that it no longer impacts you in the now or in the future. With the drama/survival mode issues cleared, you can then 'Mine your Akash' with the higher intention of finding love, happiness, success, health, skills and talents then bringing them back and overlay them into your current life, activating them through the meridian system and having the multi-dimensional DNA speak to the blueprint of the stem cells.

In Lee Carroll's Kryon Book Thirteen, *The Recalibration of Humanity, 2013 and beyond* and Monika Muranyi's book *The Human Akash*, Kryon has revealed that humanity is being supported more than ever before. In the past our Akashic Drivers were war, fear and unfinished business. In the post 2013 energy there are new Akashic Drivers. The new drivers of the Akash are compassionate action, love and finished business. What does this mean? It means we will remember success, love and compassion instead of fear and drama. Would you like to implement this in your life? Perhaps a workshop or session with me can assist you.

The process of Quantum EFT & Mining the Akash, whether it's in a group workshop or a personal session will help you to uncover past traumas, fears, phobias and challenges and dissolve them. You can then co-create for yourself a new future. These blocks and past experiences from the

past can be difficult to release and dissolve without assistance. This is a process that marries with, and is a catalyst for, creating your new future, in the recalibrated energy, that is free from past survival drivers.

Would you like to control your life and create a new future? What if you could become a peaceful person no matter what drama was around you? What are the things that push your buttons? Would you like to disengage them? Quantum EFT is a process where you state out loud your intentions, allowing your cells, brain and energy to hear and feel it. You will have more peace in your life and live longer. You will discover the mastery that lies within you and embody the phrase 'All is well'.

I would like to invite you to watch some Quantum EFT sessions on my You Tube Channel – “EFT Australia”.

Here is one of my favourite videos (12 minutes) of a Quantum EFT student who had been triggered by the concept of 'confrontation' after listening to the Kryon Parable, “Past Lives, Present Fears – Fear of Confrontation” – https://www.youtube.com/watch?v=uOolpLTdl_w

Her whole body screamed out the emotional and physical past life feelings of fear of death in the face of confrontation which was still affecting her daily life. After the Quantum EFT Session, these feelings dissolved. She no longer shakes and fears for her life in situations of confrontation and she doesn't avoid them either. That previous fear based driver is no longer present for her and she is free from it.

What fear based drivers are still controlling you? If you'd like to 'void' them and move freely into the ability to manifest and co-create your future, as well as collect talents, gifts, skills and health from previous lifetimes, I invite you to contact me for a workshop or personal session. If you would like a Quantum EFT Workshop in your part of the world I would love to discuss the possibility with you and create it! Please visit my website:

www.quantumeft.com.au

Testimonials

Here is some feedback from people who have attended a Quantum EFT & Mining the Akash Workshop, including this short video – <https://www.youtube.com/watch?v=qOro5vO7Hlc>

Jane – “This was truly an organic, primal experience. Wonderfully clear and evocative, delving into a deep past which influences the 'me' now. I have received guidance offering direction into new areas in my practice. I feel it was balanced and I loved the way you led us into the group past life experiences. It was a divine experience, as was Mining the Akash. I was given some very important knowledge. Thank-you”.

Vanessa – “Loved the weekend. I never thought I'd be able to tap into a Past Life as I'd never been able to before”.

Janine – “The experience of this workshop has been so valuable to me. I can’t even begin to process all the learning and insight I’ve received”.

Delena – “The workshop has opened up whole new worlds – literally. I have a newfound confidence in my own power knowing that I have access to all my past learnings. The workshop was very gentle, yet powerful. Thank-you for creating a safe space for us all to expand, grow and play in”.

Julee – “Wonderful weekend. I tapped into a couple of Past lives and figured out a lot of issues I have and where they came from. I got incredible feedback and also got to resolve my issues. I met two awesome people from my Past Lives – Joshua and Leila. They both gave me so much”.

Trish – “Jenny is an excellent trainer. She allows you to travel at your own pace and helps to guide your learning gently and respectfully. She is intuitive and insightful of your journey, always there to assist and nudge your understanding. Thank-you so much Jenny for being my guide on this journey of self-discovery”.

Louise – “Truly enlightening course. So much to think about and so many new avenues to practice Quantum EFT. I learned so much about myself and my personal path in life – huge guidance for the path ahead”.

Clare – “I found the weekend to be very beneficial but not in the way I was expecting. It’s fantastic to be able to come to such things in a safe, loving environment and let what needs to unfold to do so. Jenny you have a very special, lovely energy and I much appreciate your input, loving support and patience”.

Craig – “This weekend gave me what I asked for – confirmation of my key role in this life. What was interesting was Jenny’s ability to get the energetic space for those participating to trigger and bring through ideas/messages. I found the ‘empowerment’ process very profound and integral. A great weekend and confirmation of the Quantum EFT process, power and benefits. Jenny, you are a great facilitator. Thanks”.

Caroline – “Love learning about the higher levels of soul and higher awareness and how to access them with the different exercises. Good combination of theory and practical. Really enjoyed the Parables. Thanks for the course. Just what I needed”.

Diane – “Thank-you Jenny for a thoroughly enjoyable journey. I feel the ‘head noise’ quietening. I feel more still and centred. I really enjoyed the group and all the blessings of being together in person, space and time. With love and blessings”.

Madeleine – “I went into the ‘Quantum EFT and Mining the Akash’ Workshop mainly hoping that I would feel a healing on some level and I did. The channelling of Kyron and the Mining of the Akash opened new areas of learning for me in expanding my awareness to finding my Truth. The group PLR for me was a pleasant experience this time (I have had a group PLR when I attended Dr Brian Weiss’s Workshop years ago which didn’t produce the experience I hoped for). Part of this was your guidance through the whole experience. Your voice is fabulous for hypnotherapy. The language of Quantum EFT is slightly different but the idea of it is totally brilliant. It allows

the client and Practitioner another venue to explore and to release the blocks that hold us back. The whole weekend allowed for plenty of discussion especially with the Kryon Parables and the PLR. This was true of the Quantum EFT sessions as well. I loved them so much, I would have liked to have observed more of these so I could get my head around how you were able to get them to that locked space in their Sub Conscious mind and the way in which you were able to transform those scenes through time, space, and place. Again I am amazed at the versatility of EFT and Quantum EFT showed this to me. For me, Quantum EFT is new, innovative and it works! It was a great workshop and weekend. I enjoyed new insights, lots of laughter, great company and another opportunity to see the amazing reach and diversity of EFT”.

Elizabeth – “This was a profound and moving 2 days with much to think about and to process over the next few weeks. The ‘unstructured’ approach leads to a deep evolvment and bonding of the group. My impression is that this has been a sampler with many experiences in a short period of time. I can see exciting possibilities for future development leading into greater depths and extent of exploration and healing. God bless”.

Michele – “An amazing journey of self-discovery and transformation. In the process I have also learned a beautiful and gentle way of using EFT on a deep soul level both for myself and my future clients. An incredible weekend Jenny, so very much appreciated”.

Now is the time to co-create and accelerate moving into the new energy for human beings. With your highest intention for YOUR soul’s journey and that of humanity, I look forward to and I’m honored to work with you, should you choose it.

In service to humanity,

Jenny Johnston.



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